

**Psychology Special I**  
**Introduction to Psychopathology**

**Semester III****Subject Code: A31617****Lectures: 60****Objectives:**

- To acquaint students with basic concepts of maladjusted behavior and classification systems of abnormality
- To help students understand various approaches to psychopathology
- To familiarize students with assessment tools and diagnosis

**Unit 1: Nature of abnormal psychology**

12

- Understanding psychopathology
- Science of psychopathology
- Historical context of abnormal behavior – supernatural tradition
- Contemporary perspectives of abnormal behavior -biological tradition , psychological tradition

**Unit 2: Causal factors and viewpoints**

12

- Causes and risk factors for abnormal behavior
- Biological viewpoint – Genetic and neurobiological
- Psychosocial viewpoint
- Sociocultural viewpoint

**Unit 3: Clinical assessment**

12

- Basic elements in assessment
- Physical assessment
- Psychosocial assessment
- Ethical issues in assessment

**Unit 4: Classification of abnormal behavior**

12

- Basic elements of classification- Approaches , reliability and validity
- Historical context of diagnosis- upto the DSM IV
- DSM V – Classification and changes
- Problems with classification



80

**Recommended Text Books:**

1. Carson, R.C.; Butcher, J.N.; Mineka, S. and Hooley, J.M. *Abnormal psychology*, 13th ed. Pearson Edu. , 2012.
2. Barlow and Durand. *Abnormal Psychology-an Integrative Approach*. Thomsun-Wadsworth Learning Inc, New Delhi, 4th Ed, 2005.

**Reference Books:**

1. Sarason and Sarason. *Abnormal Psychology-Problem of Maladaptive Behaviour* Pearson education, New Delhi, 10th Ed, 2002.
2. Davar,B.V .*Mental Health from a gender perspective*. Sage publications, New Delhi, 2001.
3. Davar, B.V. *Mental Illness in Indian women*. Economic and Political Weekly. 30 (45):2879-86, 1995.
4. Dhanda, A. *Legal Order and Mental disorder*. Sage publications, New Delhi, 2000.
5. American Psychiatric Association .*Diagnostic and statistical manual of mental disorders (5<sup>th</sup> edition)* Washington, DC.2013.

**\*Assignments and library hours – 12 hours**

**Readings:**

- Mental health from a gender perspective
- Perspectives on prevention
- Legal aspects and ethical issues
- Organized efforts for Mental Health: ---National and international efforts



**Psychology Special I**  
**Psychological disorders and Treatment**

Semester IV

Subject Code: A41617

Lectures: 60

**Objectives:**

- To understand causes and symptoms of various types of psychological disorders
- To understand various modalities of treatment of psychological disorders

**Unit 1: Anxiety disorders – Clinical description, Causes and Treatment**

12

- Separation Anxiety Disorder
- Specific Phobia
- Social Anxiety Disorder (Social Phobia)
- Panic Disorder
- Generalized Anxiety Disorder

**Unit 2: Neuro developmental disorders**

12

- Autism spectrum disorder
- ADHD
- Learning disorders
- Remedial Interventions in Neuro developmental disorders

**Unit 3: Schizophrenia and other psychotic disorders**

12

- Clinical description of schizophrenia
- Other psychotic disorders
- Biological and psychosocial etiology
- Treatment

**Unit 4: Mood disorders and suicide**

12

- Understanding mood disorders- Unipolar and bipolar mood disorders
- Biological, psychological, and socio cultural causal factors
- Treatments and outcomes.
- Suicide –Causes, risk factors and prevention.

**\*Assignments and library hours – 12 hours**

**Readings:**

- **Obsessive-Compulsive and Related Disorders**
- **Trauma- and Stressor-Related Disorders**
- **Personality disorders**

**Recommended Text Books:**

1. Carson, R.C.; Butcher, J.N.; Mineka, S. and Hooley, J.M. (2012). Abnormal psychology, 13th ed. N.D.: Pearson Edu.
2. Barlow and Durand (2005) .Abnormal Psychology-an Integrative Approach. Thomsun-Wadsworth Learning Inc, New Delhi,4<sup>th</sup> Ed.

**Reference Books:**

1. American Psychiatric Association .Diagnostic and statistical manual of mental disorders (5<sup>th</sup> edition) Washington, DC.2013.
2. Sarason and Sarason (2002).Abnormal Psychology-Problem of Maladaptive Behaviour. Pearson education, New Delhi, 10th Ed.

